FREE GUIDE

THE FINISHER'S CHECKPOINT

Find the exact spot where you stall, and take your next step toward finishing what God said.

"You need to persevere so that when you have done the will of God, you will receive what he has promised."

HEBREWS 10:36 (NIV)

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Let's find your checkpoint.

God gave you the word. He gave you the assignment. And somewhere along the way, you may have stopped. Hear me: that doesn't mean you failed, and it doesn't mean you're not called. It may simply mean you've reached a **checkpoint**. Most women never name the exact spot where they stall, so they keep stalling in the same place. In the next 10 minutes, you'll find yours and walk away with one step to take today.

STEP 1

Name your assignment

What has God told you to do? (Write the book, start the business, build the ministry, etc.)

STEP 2

Check every statement that sounds like you

Be honest. Nobody is grading you here. Check as many as you need.

GROUP A

- [ ] I have the word, the idea, even the notes, but I keep waiting until I feel ready.
- [ ] I research, plan, and prepare more than I actually begin.
- [ ] I worry about what people will think, or whether I'm qualified enough.

GROUP B

- [ ] I start strong, then my momentum fades after a few weeks.
- [ ] Life, family, and work pull me away, and I struggle to get back to it.
- [ ] I'm discouraged because I don't see the results yet, so I slow down.

GROUP C

- [ ] I'm close to done, but I keep tweaking, delaying, or avoiding the final step.
- [ ] I'm afraid of what comes after it's finished: the attention, the expectations, the responsibility.
- [ ] I've been "almost there" for longer than I want to admit.

STEP 3

Find your stall point

Count your checks in each group and write the number below. **Your highest number points to your stall point.** Tied? You may stall in more than one place, and that's normal. Start with the earliest spot.

Group A: _____ **Group B:** _____ **Group C:** _____

GROUP A | THE STARTING LINE You may stall before you start.

WHAT MAY BE HAPPENING BENEATH THE SURFACE

You may believe you need to feel ready, confident, qualified, or completely certain before you can obey God. If that sounds like you, fear and insecurity may be disguising themselves as preparation. *Ask yourself: What am I waiting to feel before I move?*

THE TRUTH TO HOLD

"He that observeth the wind shall not sow; and he that regardeth the clouds shall not reap." ***Ecclesiastes 11:4 (KJV)***

YOUR NEXT STEP

Within the next 24 hours, set a timer for 15 minutes and take the smallest first action: write the first paragraph, draft the offer, make the first call. Messy counts. Then tell one person you started.

GROUP B | THE MIDDLE You may stall after you start.

WHAT MAY BE HAPPENING BENEATH THE SURFACE

When the work becomes uncomfortable, discouraging, or harder than you expected, it may be about more than discipline. Resistance, disappointment, or a belief that hard means wrong may be pulling you away from what God instructed. *Ask yourself: What do I tend to believe when this gets hard?*

THE TRUTH TO HOLD

"And let us not be weary in well doing: for in due season we shall reap, if we faint not." ***Galatians 6:9 (KJV)***

YOUR NEXT STEP

Within the next 24 hours, spend 10 minutes on your assignment, even if it's small. Then put your next 20-minute block on the calendar like an appointment with God.

GROUP C | THE FINISH LINE You may stall right before you finish.

WHAT MAY BE HAPPENING BENEATH THE SURFACE

Finishing may feel risky. Part of you may wonder whether it could threaten your peace, safety, or capacity, and you may be bracing for the visibility, expectations, responsibilities, and uncertainty that could follow. *Ask yourself: What do I fear will change if I finish?*

THE TRUTH TO HOLD

"Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ." ***Philippians 1:6 (KJV)***

YOUR NEXT STEP

Within the next 24 hours, write down the one thing left (not five, just one) and take the first small action on it. Then set a deadline and ask someone to check in with you.

STEP 4

What tends to steal your focus?

When you reach your stall point, what tends to steal your focus? Check all that apply.

- [ ] My insecurities
- [ ] The problems in front of me
- [ ] The distractions of everyday life
- [ ] Something else: _____

STEP 5

Take your next step in the next 24 hours

You don't have to finish the whole thing today. Just start moving within the next 24 hours.

My stall point is:

My one next step is:

I will start by (day and time):

The person I'll tell is:

FREE LIVE WORKSHOP

You're Invited: From Frustration to Fulfillment

God has given you a vision, but somewhere between hearing what He said and following through on His instructions, you keep finding yourself stuck.

If you're tired of starting and stopping, second-guessing yourself, and watching another year pass without making meaningful progress, I want to personally invite you to my free workshop, **From Frustration to Fulfillment**.

Together, we'll explore what's been keeping you from following through on what God has instructed you to do and how to begin moving forward with greater clarity, confidence, and consistency.

Save My Seat at the Free Workshop

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